**Winter squash – Vegetable Spaghetti**

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**This Japanese strain open-pollinate variety has spaghetti-like flesh after it is boiled or baked. Harvest when fruit reaches 6"- 8" in diameter. For a low-calorie "pasta" meal, bake or boil, then fork out the yellow flesh and serve with spaghetti sauce.**

**Matures in 90 days – Harvest when fruit reaches 6-8" in diameter.**

**Cultivation:** **Prepare fertile, well-drained soil and form a 1-foot diameter mound 3-4****" tall. Space mounds 3 feet apart. On each mound plant 3-4 seeds ½" deep and 2" apart.**

[**https://www.kitazawaseed.com/seed\_085-187.html**](https://www.kitazawaseed.com/seed_085-187.html)